

Certificate in Clinical Assessment Skills

Course dates

Day one, 20 June 2020
Day two, 4 July 2020
Day three, 25 July 2020
Time: 10am – 4pm

Course Leader

Cate Lyon

Venue

WPF Therapy Limited, 23
Magdalen Street, London SE1 2EN

Fees

Qualified Practitioners: £420
Counselling/Psychotherapy
Trainees: £370
WPF Therapy Trainees/Staff: £320

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More information

Training Administration
events@wpcf.org.uk

The first meeting between assessor and client can be a highly charged encounter. The skilled assessor must engage the client in a complex and emotionally disturbing encounter with a stranger, perhaps for the first time in the client's life. The quality of the assessment meeting and the skill of the assessor forms a crucial part of the process of beginning and its emotional impact often resonates well beyond the encounter itself.

Day 1: Introducing Assessment: Saturday, 20th June 2020

This day will introduce some key clinical concepts and attitudes for sound psychodynamic assessment. Participants will consider the impact and influence of the assessment encounter and a range of assessment skills including the conduct of the psychodynamic assessment interview, the maintenance of an evaluative/therapeutic balance, making a recommendation and considering limits. All content will be considered in terms of providing formal clinical assessment in organisational settings and in private practice.

Day 2: Assessment – Essential Skills: Saturday, 4th July 2020

This day will build on learning and skills from Day 1. Participants will explore a range of assessment techniques including approaches to initial contact, risk assessment and management, psychodynamic formulation skills and writing the assessment report. All practice will be considered in terms of providing formal clinical assessment in organisational settings and in private practice.

Day 3: Assessment Supervision: Saturday, 25th July 2020

Participants on this day will engage in a live supervision of clinical assessments presented by course participants who have volunteered to conduct an assessment following Day 2. This day will consolidate learning from Days 1 and 2 and enables both presenters and participants to engage fully in the assessment process through supervisory discussion.

Comments from previous participants:

- “The pace and sensitive attention to detail at each level of the assessment process felt just right.”
- “Invaluable information for both experienced and inexperienced assessors.”
- “Cate communicated a sense of pleasure in carrying out

assessments. I enjoyed her relaxed but erudite style.”

- “The course was very well balanced – theory, insight, practicalities.”

Course requirements

The course will be helpful to qualified and training counsellors and psychotherapists who are interested in developing their understanding and technique in clinical assessment. This course is psychodynamic in orientation although practitioners of other modalities are welcome to attend. You must be currently engaged in clinical work. Ideally, you should be in a position to carry out assessments in your work. Participants who volunteer to conduct and present an assessment for Day 3 must be qualified practitioners or in supervised honorary placements with permission to conduct an assessment.