WPF Therapy was one of the first training organisations to develop a supervision training in 1985. Over the years it has developed its unique training in psychoanalytic and psychodynamic supervision in which theoretical understanding and clinical practice are linked.

Who is this course for?

Applicants are required to be at least 2 years post-qualification with at least 500 hours clinical practice (some of which may have been completed during training). This course is open to psychodynamically trained and integrative trained counsellors and psychotherapists who work psychodynamically.

When does it take place?

This course takes place on Wednesdays at WPF Therapy’s offices at London Bridge from 1.00pm – 4.30pm. There is a seminar of 1.5 hours and a supervision of supervision group which takes place over two terms of ten weeks (ie 20 sessions). Applicants will require a placement and will need to complete 40 hours of logged counselling supervision for award of the Certificate.

Award

For award of the Certificate (meets BACP Guidelines):

- A minimum of 80% attendance at 20 seminars and 20 supervision groups (ie 60 hours contact time)
- Completion of a Reflective journal
- Self- and peer assessment
- 2500 word essay demonstrating an understanding of the theory and practice of supervision. This essay will need to show the ability to analyse the theory of both supervision and related educational theory
- Minimum 40 hours of logged counselling supervision practice

How much does it cost?

£1500 (Non-refundable registration fee of £100 plus two termly payments of £700).

What will be covered?

Course Outline will include – amongst other areas (in line with BACP Guidelines)

- The supervisor in context
Post-Qualification Certificate in Supervision

- Building the supervisory relationship
- Assessment in supervision
- Basic Concepts in Supervision – Contracts, Boundaries & Money
- Unconscious Processes and the Supervisory Triangle
- Transference, Countertransference and the Reflection Process
- Group Dynamics in Supervision
- Defences and Resistances in Supervision
- The Supervisory Frame
- The Internal Supervisor

Entry Requirements

Applicants must:

- be experienced psychodynamic counsellors who have completed a Diploma in Counselling through a BACP Accredited Training or have a Diploma in Counselling and are eligible for BACP Accreditation
- or be Psychotherapists eligible for registration by UKCP (CPJA Section) or BPC
- or be Integrative Practitioners or Counselling Psychologists with a strong psychodynamic strand.
- will normally have had a minimum of 2 years psychodynamic or psychoanalytic therapy.
- be providing or be in a position to provide supervision to a level appropriate to their qualification for more than one counsellor or psychotherapist, either individually or in a group

Please note all applicants must be fluent in written and spoken English. These are the qualifications in English regarded by WPF as an acceptable minimum level of competence:

- GCSE grade C
- Cambridge Proficiency Certificate grade C
- Cambridge Advanced Certificate grade C (with no less than ‘weak’ in any band)
- Level 2 Functional Skills (English) with a pass grade (Not for Primary Education).
- Key Skills Level 2 in Communication with a pass grade (Not for Primary Education).
- British Council IELTS at 6.0 overall with no less than 5.5 in any band (see www.ielts.org).

WPF Therapy may require proof prior to the offer of a place.

Applicants should submit:

- an initial application form and the names of two referees
- a Curriculum Vitae
Post-Qualification Certificate in Supervision

- a statement giving details of their previous and present experience of providing supervision to counsellors or psychotherapists
- a statement giving reasons for applying at this time for training in supervision.

Selection will be based on an interview either individual or group.

The selection process cost £35 which is non-returnable.