WPF Therapy was one of the first training organisations to develop a supervision training in 1985. Over the years it has developed its unique training in psychoanalytic and psychodynamic supervision in which theoretical understanding and clinical practice are linked.

The course is designed to explore the theory and practice of supervision from a psychodynamic and psychoanalytic perspective.

It is offered to experienced psychodynamic counsellors, or psychoanalytic psychotherapist and integrative counsellors and psychotherapist with a substantial psychodynamic background who wish to train and register as supervisors.

Course Aims

- To consider and develop further the theory that underpins supervisory technique and link theory to practice through supervision of supervisory work
- To develop the ability to be aware of the processes inherent within supervision and to critically engage with both theory and practice
- To provide an advanced training in psychoanalytic and psychodynamic supervision
- To study research issues in order to promote creative thinking, reflection and further research on supervision.

Course Structure

The course consists of theoretical, experiential and supervisory components. The theoretical input is based on psychoanalytic and psychodynamic principles, methodologies and concepts and the course encourages critical engagement with the theory and practice of supervision.

Diploma in Supervision

The course takes place on Tuesdays 10.45am – 2.30pm and consists of 30 weekly seminars of 1.5 hours, plus 1.5 hours weekly group supervision of participants’ practice supervision.

The course is composed of the following modules:

- Module 1 Supervision and Casework
- Module 2. Supervision Theory and Practice, and written paper
• Module 3. Observed Supervision
• Module 4. Clinical presentations

Seminars

Theory and practice are evaluated through process of reading, exploration, experiential learning, critical discussion, theoretical input and research. Seminar topics include: - contracts and boundaries; the triangular nature of supervision; transference and countertransference; styles and contexts of supervision; reflection and parallel processes; organisation issues and the clinical rhombus; working with difference; accountability and responsibility in supervision.

Supervision of Supervision

Supervision of supervision is in a small group of 3 – 4, in which supervisory work is supervised.

Observed supervision

Students are required to supervise the clinical work of a student in an observed session.

Supervisory placement

To benefit from the course students need to have a minimum of 2 supervisees, seen on a fortnightly basis, either individually or in a group by the start of the course. Supervisees need to be able to work with psychodynamic concepts and unconscious processes. WPF Therapy may be able to help in finding a supervision placement by supplying the names of organisations who need honorary supervisors.

Assessment

Assessment is ongoing, and students are assessed by staff and self-assessment procedures. In their assessment, course tutors will be looking for congruence between the student’s theoretical knowledge and their supervisory practice both in live supervision and in their ongoing casework. The Diploma requires successful completion of all modules including a 5000 written paper.

Training in Supervision can lead to:

• A qualification as a Supervisor
• Eligibility for Membership of BAPPS (British Association for Psychoanalytic and Psychodynamic Supervision) for those with a core psychodynamic training
• Possibility to APEL on to MA in Psychoanalytic studies
The integration and development of new and additional skills
The development of professional practice

Staff Publications in Supervision


Entry Requirements

Applicants must:

- be experienced psychodynamic counsellors who have completed a Diploma in Counselling through a BACP Accredited Training or have a Diploma in Counselling and are eligible for BACP Accreditation
- or be Psychotherapists eligible for registration by UKCP (CPJA Section) or BPC
- or be Integrative Practitioners or Counselling Psychologists with a strong psychodynamic strand.
- normally have had a minimum of 2 years psychodynamic or psychoanalytic therapy.
- be providing or be in a position to provide supervision to a level appropriate to their qualification for more than one counsellor or psychotherapist, either individually or in a group

Applicants should submit:

- an initial application form and the names of two referees
- a Curriculum Vitae
- a statement giving details of their previous and present experience of providing supervision to counsellors or psychotherapists
- a statement giving reasons for applying at this time for training in
- A passport photo
Selection will be based on an interview either individual or group.

The selection process cost £38 which is non-returnable.

Please note all applicants must be fluent in written and spoken English. These are the qualifications in English regarded by WPF as an acceptable minimum level of competence:

- GCSE grade C
- Cambridge Proficiency Certificate grade C
- Cambridge Advanced Certificate grade C (with no less than ‘weak’ in any band)
- Level 2 Functional Skills (English) with a pass grade (Not for Primary Education).
- Key Skills Level 2 in Communication with a pass grade (Not for Primary Education).
- British Council IELTS at 6.0 overall with no less than 5.5 in any band (see www.ielts.org).

WPF Therapy may require proof prior to the offer of a place.

Course Fee

The fee for 2016-2017 is 2,878 (includes Supervision of Supervision) This can be paid in three termly instalments. This is made up of £100 non-refundable/non-transferable registration fee payable in response to WPF Therapy’s offer of a place. The remaining balance is payable in three payments of £926 prior to the start of each term.